



Carlos Llamosa

USSF Pro Licensed Coach

Profile

With a coaching career spanning a decade and a half, I possess a multifaceted perspective on managing through various coaching roles within the league. My bilingual proficiency allows me to communicate effectively across different cultures and languages to cultivate a winning mentality within a locker room and organization. In addition, as a former national team player and 2002 World Cup participant, I have firsthand experience of what it takes to succeed at the highest levels of the game in this country.

Work Experience



January 2018– September 2023
Portland Timbers | MLS
First Assistant Coach



January 2017 – December 2017
New England Revolution | MLS
First Assistant Coach



January 2013 – December 2016
New York Cosmos | NASL
First Assistant Coach



January 2009 – December 2012
Chivas USA | MLS
First Assistant Coach / U-20 Head Coach

Coaching Accomplishments

- 2021 MLS CUP Finalist
- 2021 Western Conference Champions
- 2020 U.S Open Cup Semi-Finalist
- 2020 MLS Playoffs
- 2020 MLS is Back Champions
- 2019 MLS Playoffs
- 2018 MLS CUP Finalist
- 2018 Western Conference Champions
- 2016 NASL Champions
- 2014 NASL Champions
- 2013 NASL Champions
- 2007 U-20 National Champions



Contact

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Portland, OR



Licenses

- USSF Pro License
(2021)



Playing Experience

- U.S. Men's National Team
(1998-2002)
- Chivas USA – MLS
(2006-07)
- New England Revolution – MLS
(2002-05)
- Miami Fusion – MLS
(2001)
- D.C. United – MLS
(1997-2000)
- NY Centaurs – NASL
(1994-96)
- Atletico Huila – COL
(1988-91)
- Colmena Deportes – COL
(1986-88)



Languages

- English
- Spanish